

## SIZES

## To fit bust/chest measurement

Extra-Small/Small
Medium
Large
Extra-Large
2/3 Extra-Large
4/5 Extra-Large

## Finished bust/chest

Extra-Small/Small
Medium
Large
Extra-Large
2/3 Extra-Large
4/5 Extra-Large

## GAUGE

11 sts and 14 rows $=4^{\prime \prime}[10 \mathrm{~cm}]$ with larger needles in stocking st.

## MATERIALS



Sizes 6.5 mm (U.S. $101 / 2$ ) and 8 mm (U.S. 11) circular knitting needles $24 "[60 \mathrm{~cm}]$ long. Set of four sizes 6.5 mm (U.S. $101 / 2$ ) and 8 mm (U.S. 11) double-pointed knitting needles or size needed to obtain gauge. Separating zipper 26 " [66 cm ] long for Woman's or 28 " [ 71 cm ] long for Man's. 5 st holders.

## ABBREVIATIONS: www.bernat.com/abbreviations

Alt = Alternate(ing)
Beg $=$ Beginning
Cont = Continue(ity)
Dec $=$ Decrease(ing)
$\operatorname{lnc}(\mathbf{s})=$ Increase 1 stitch by knitting into front and back of next stitch
K = Knit
K2tog = Knit next 2 stitches
together
M1 = Make 1 stitch by picking up horizontal loop lying before next stitch and knitting into back of loop


P = Purl
P2tog $=$ Purl next 2 stitches together
P2togtbl = Purl next 2 stitches together through back loops
Pat $=$ Pattern
Rem = Remaining
Rep $=$ Repeat
Rnd(s) $=$ Round(s)
RS = Right side
Ssk = Slip next 2 stitches knitwise one at a time. Pass them back onto left-hand needle, then knit through back loops together St(s) = Stitch(es)
WS = Wrong side

## INSTRUCTIONS

The instructions are written for smallest size. If changes are necessary for larger sizes the instructions will be written thus ( ). Numbers for each size are shown in the same color throughout the pattern. When only one number is given in black, it applies to all sizes.

Note: Body is worked in one piece to armholes.

## CAPS

With MC and smaller circular needle, cast on 105 (115-127-137-157-171) sts. Do not join. Working back and forth across needle in rows, proceed as follows:
1st row: (RS). K1. *P1. K1. Rep from * to end of row.
2nd row: P1. *K1. P1. Rep from * to end of row.
Rep last 2 rows of (K1. P1) ribbing for 2" [5 cm], ending with a 2nd row and inc 1 st at center of last row. 106 (116-128-138-158-172) sts.

Change to larger circular needle and proceed in stocking st until work from beg measures 17" [ 43 cm ] for Woman's or 19 " [ 48 cm ] for Man's, ending with a purl row.

Divide for Fronts and Back: K29 (31-34-37-43-46) for Right Front. Slip last 4 (4-4-4-6-6) sts onto a st holder. K52 (58-64-68-78-86) for Back (including st on needle after cast off). Slip last 4 (4-4-4-6-6) sts onto a st holder. K25 (27-30-33-37-40) for Left Front. Leave all sts on a spare needle.

## SLEEVES

With MC and smaller double-pointed needles, cast on 30 sts. Divide sts evenly on 3 needles. Join in rnd, placing a marker on first st.
1st rnd: *K1. P1. Rep from * around.
Rep last rnd of (K1. P1) ribbing for $2^{1 ⁄ 2} 2^{\prime \prime}[6 \mathrm{~cm}]$.
Change to larger double-pointed needles and knit in rnds, inc 1 st at beg and end of next and every following 10th (8th-6th-6th-6th-4th) rnd until there are 42 (36-42-48-40-56) sts.

Sizes $M$, L and $2 / 3 X L$ only: Inc 1 st each at each end of every following (10th-8th-4th) rnd from previous inc until there are (44-46-54) sts.

All sizes: Cont even until work from beg measures 18 (18-18-18-17-16)" [45.5 (45.5-45.5-45.5-43-40.5) cm] for Woman's or 191/2" [49.5 cm] for Man's.

Next row: K2 (2-2-2-3-3). Slip these sts onto a st holder. K38 (40-42-44-48-50). Slip last 2 (2-2-2-3-3) sts onto a st holder. Leave rem sts on a spare needle.

## YOKE

With WS facing, MC and larger circular needle, P25 (27-30-33-37-40) of Left Front, P38 (40-42-44-48-50) of left Sleeve, P48 (54-60-64-72-80) of Back, P38 (40-42-44-48-50) of right Sleeve, P25 (27-30-33-37-40) of Right Front. 174 (188-204-218-242-260) sts.

Sizes XS/S, M, XL, 2/3XL and 4/5XL only: Next row: With MC, K0 (0-4-1-0). [K29 (47-21-24-65). M1] 6 (4-10-10-4) times. K0 (0-4-1-0). 180 (192-228-252-264) sts.

Next row: Purl.
Note: When working from charts, carry yarn not in use loosely across WS of work, but never over more than 4 sts. When it must pass over more than 4 sts, weave it over and under center point of sts its being passed over. The colors are never twisted around one another.

All sizes: Work Chart I (||-|-|-||-|I) in stocking st to end of chart, reading knit rows from right to left and purl rows from left to right, noting 12-st rep will be worked 15 (16-17-19-21-22) times. 60 (64-68-76-84-88) sts.

Shape neck: 1st row: (RS). With MC, K2 (3-3-3-4-5). Slip these sts on a st holder. K2 (0-2-3-2-3). [K2tog. K8 (6-6-7-8-8)] 5 (7-7-7-7-7) times. K2tog. Knit to end of row. 52 (53-57-65-72-75) sts.
2nd row: Slip first 2 (3-3-3-4-5) sts onto a st holder. Rejoin MC to next st and purl to end of row. 50 (50-54-62-68-70) sts.
3rd row: ssk. K2 (2-3-0-3-1). [K2tog. K6 (6-4-6-6-7)] 5 (5-7-7-7-7) times. K2tog. K2 (2-3-0-3-0). K2tog. 42 (42-44-52-58-60) sts.
4th row: P2tog. Purl to last 2 sts. P2togtbl. 40 (40-42-50-56-58) sts.
5th row: ssk. K2 (2-3-2-1-2). [K2tog. K4 (4-4-6-5-5)] 5 (5-5-5-7-7) times. K2tog. K2 (2-3-2-0-1). K2tog. 32 (32-34-42-46-48) sts.

Sizes XL, 2/3XL and 4/5XL only: 6th row: P2tog. Purl to last 2 sts. P2togtbl. (40-44-46) sts.
7th row: K(2-0-1). [K2tog. K(5-4-4)] (5-7-7) times. K2tog. K(1-0-1). (34-36-38) sts.

All sizes: Next row: Purl. Leave rem sts on a st holder.

## FINISHING

Pin all pieces to measurements. Cover with a damp cloth, leaving cloth to dry.
Graft underarm seams.


Neckband: With RS facing, MC and smaller circular needle, K2 (3-3-3-4-5) from front st holder. Pick up and knit 8 (8-8-10-10-10) sts up right front neck edge. K32 (32-34-34-36-38) from st holder, dec 1 st at center of back. Pick up and knit 8 (8-8-10-10-10) sts down left front neck edge. K2 (3-3-3-4-5) from front st holder. 51 (53-55-59-63-67) sts.
1st row: (WS). K1. *P1. K1. Rep from * to end of row.
2nd row: P1. *K1. P1. Rep from * to end of row.
Rep last 2 rows twice more. Cast off in ribbing.
Zipper edging: With RS facing, MC and smaller circular needle, pick up and knit 67 (68-70-71-71-72) sts for Her or 72 (73-75-76-76-77) sts for Him evenly up front edge. Cast off. Rep for other side.

Finishing: Sew zipper in position.

## BERNAI

## Softee <br> chunky

## ADULT'S ZIG ZAG ZIP CARDIGAN | Knit <br> O IIII

11-11-12
$12-13-131 / 2$



Sizes XS/S, M, L and XL


Sizes $2 / 3$ XL and 4/5XL

